

Curriculum Vitae

Johan Barstad

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Career Profile

- August 2011 Full-time employed as studieleiar at The Norwegian University College for Agriculture and Rural Development, Klepp, Norway (Høgskulen for landbruk og bygdenæringar)
- August 2008 Employed as Senior researcher at Center for Patient Information and Education, Health Middle-Norway, Volda
- From March 2007 to August.2008. Employed in a 50 % position as a project developer at Center for Patient Information and Education, Health Middle-Norway, Volda
- 1989 – August 2008: Full-time employed as researcher at Møre Research Volda, a leading research institution in North-western Norway with extensive international collaborative research experience.
- 2007 – 2008: Project leader for “More Coping, Exercise and Well-being (Mer Mestring, Mosjon og Trivsel), a project designed to promote activities among people with heart and lung conditions.
- 2006 – 2007: Project leader for the evaluation of Local models for implementation of Green Prescriptions for The Directorate for Health and Social Affairs and the evaluation of Norwegian school-libraries for the Norwegian Directorate for Education and Training.
- 2005 – 2007: Project leader for Norway in GoFOR (see below) and responsible for the study on “Adaptive and Iterative Planning” in the GoFOR-project.

Career History

SENIOR RESEARCHER,

Patient Education Resource Center, Volda, Norway

Presently hired as senior researcher to work at ‘Patient Education Resource Center’ (Lærings- og meistringssenteret), a centre under Sunnmøre Hospital Trust. Main tasks are to initiate research and development activities and to lead the centre’s project activities. The work is highly diversified, but centred on and around the concept of communicative planning. Presently, the task of running the research support system towards our 2500 employees has been assigned to me.

RESEARCHER,**Møre Research, Volda, Norway**

Employed here from 1989 to 2008. My position here developed from research assistant, working on projects related to regional and local development, into taking a leading role in the establishment of a research group for governance in forest policy on the European level. This included systematic work through the EU COST system, the MCPFE and participating in establishing an EU financed project (GOFOR - New Modes of Governance for Sustainable Forestry in Europe). The group further had focus towards governance processes in health policies (Health in all Policies). The group was highly successful in generating projects at a level of around 2 million NOK per year from 2004 to 2008.

PART TIME LECTURER,**Volda University College, Volda, Norway**

During the period from 1990 to 2010 I have been hired as part time lecturer by the University College. This has been mainly in two fields: municipal economy and local/regional planning.

Up until now there have been four major directions in my research:

1. Research and development related to Patient participation and quality development. Main strands have been patient information and –education, patient safety, self-help and the Norwegian coordination reform)
2. Research and development work on local and regional governance (e.g. studies on municipal restructuring in Norway and studies into communicative planning processes)
3. Research and evaluations on public attempts, interventions etc (e.g. evaluation of cooperation between public libraries in a region and evaluation of state grants to high-school education taken outside of the Nordic Countries)
4. Research and development on rural development (community, industrial and governmental). Forestry and rural development has been a speciality. In this field I have established an extensive, international network consisting of fellow researchers, practitioners and representatives from the forest extension services. The work is currently under the heading “Forestry and the Challenges of Modern Society” and the Institute is expanding this into other natural resource based areas like agriculture, tourism and marine activities.

Core Activities and Projects

- Member of Steering Group of IUFRO Task Force “Forests and Human Health” (2007 - 2010)
- Keynote speaker at the international IUFRO symposium on “Improving Triple Bottom Line Returns from Small-scale Forestry” from 17-21 June, Leyte, The Phillippines. Title: “*Forests, Trees, Human Health and Well-being. Or why Forestry and Health can be connected*”
- Keynote speaker at the international conference “Møtepunkt i åpent landskap - teori og praksis på skolebibliotekfeltet”. Kristiansand, Høgskolen i Agder, 4. – 5. June 2007. Title:”Eit landskap med variasjonar – den norske skulebibliotekundersøkelsen 2006”
- Keynote speaker at the November 2004 MCPFE Workshop “Exchanging Country Experiences in the NFP processes on Practical Application of the MCPFE Approach to NFPs in Europe” 22-24 November 2004, Gdansk, Poland
- Member of Scientific Committee, *AFFORNORD conference*, Iceland 2005
- Member of Management Committee COST E39, “*Forests, Trees, Human Health and Wellbeing*” (2004 – 2008)

- Member of Editorial Panel of “*Small Scale Forest Economics, Management and Policy*” Elsevier Publisher (2003-2010)
- Member of Management Committee, COST E30, “*Economic Integration of Urban Consumers’ Demand and Rural Forestry Production*” (2002 – 2006)
- Member of COST E19, “*National Forest Programmes in a European Context*” (2000 – 2004)
- Member of COST E51, “*Integrating Innovation and Development Policies for the Forest Sector*” (2007 – 2010)
- Member of Organisation Committee, “*Forestry Beyond the Timberline - conference*”, Iceland, 2000
- Member of IUFRO 3.08.00 “*Small-Scale Forestry*” (from 1997)
- Coordinator, IUFRO WU 6.11.02 “*Forestry and Rural development in Industrialised Countries*” (from 2005, member since 1997)
- Deputy Coordinator of IUFRO WU 6.02.00 “*Forest, trees and human health and wellbeing*” (from 2005)

Areas of special competence

- Forest Policy
- Communicative planning
- Governance
- Adaptive and Iterative Planning
- Rural development
- Public economics
- Rural economy
- Public planning
- Statistics and econometrics
- Project management
- Municipal economy
- Evaluation research

Education

- Local Planning and Administration, Volda University College. 1979
- Exam. oecon Dept. of Economics. University of Oslo 1989
- Master in Public Planning. Volda University College 2005

Selected Publications

(1) Patient education and patient information

Johan Barstad, Roar Stokken and Gudrun S. Thokle (2011): Sjølvhjelp og norsk praksis. Sluttrapport frå forskingsprosjektet om sjølvhjelp I Noreg. Rapport til helsedirektoratet, 31.05.2011

Johan Barstad, Roar Stokken and Gudrun S. Thokle (2011): Close relations in Open Spaces. On Self-help Across the Rural – Urban Divide. Article submitted to a special issue of “The International Journal of Self-help and Self-Care”

Roar Stokken, Johan Barstad and Gudrun S. Thokle (2011): Impeding or promoting a Grassroots Phenomenon. On Self-Help as State Driven Means. Article submitted to a special issue of “The International Journal of Self-help and Self-Care”

- Johan Barstad og Roar Stokken (2011): Den segmenterte prosjektorganisasjonen. Om vilkår for gjennomføring av prosjekt i kyrkja (The Segmented Projectorganisation. On Conditions for Implementing Projects Within the Church). Chapter in
- Johan Barstad, Torstein Hole, Siv Osdal, Solrun Osdal, Roar Stokken (2009): "Informing The Informed. On how patients appraise information provided when experiencing interhospital transfer". 2009 COMET-conference, Cardiff, UK, June 25. – 27.
- Roar Stokken, Siv Osdal, Solrun Osdal, Johan Barstad, Torstein Hole (2009) "On My Own Again. Heading home after interhospital transfer. 2009 COMET-conference, Cardiff, UK, June 25. – 27.
- Osdal, S. R., Osdal, S., Stokken, R., Barstad, J. og Hole, T. (2009): *Analyse/evaluering av informasjon til pasientar med akutt koronarsyndrom*. Arbeidsrapport nr 235, Skriftserien ved Høgskulen i Volda/Møreforskning
- Johan Barstad (2008): *Analyse av spørjeskjemadata. Spørjeskjema til pårørande til rusmisbrukarar i Midt Noreg*. 2007. Kompetansesenter for pasientinformasjon og pasientopplæring. (rapporten er ikkje offentleg tilgjengeleg)
- Johan Barstad (2004): *Kartlegging av pasientopplæring i Helse Midt-Noreg. Rapportering frå eit forprosjekt*. 39 s. Notat Nr. 1/2004.. Møreforskning Volda og Høgskulen i Volda.

(2) Research and development work on local and regional governance

- Amdam, J. Barstad, J., Dyrhol, I., Roppen, J. and Tangen, G. (2004): *A Strategic Analysis of the Municipal Structure in the Søre Sunnmøre Region*. (Stategisk analyse av kommunestrukturen på Søre Sunnmøre) Forskingsrapport nr 57, Møreforskning Volda og Høgskulen i Volda
- Amdam, J, Barstad, J., Halvorsen, L. og Tangen, G (2003): *Municipal Restructuring and Development of the Regional Societies (Kommunestruktur og regional samfunnsutvikling)*, Forskingsrapport nr 52 Møreforskning Volda og Høgskulen i Volda
- Amdam, R. and Barstad, J (1993): *Variables and Tools in Public Planning for Children and Youth in the County of Møre and Romsdal*. (Variablar og verktøy i barne- og ungdomsplanlegginga: evaluering av kommunal barne- og ungdomsplanlegging i Møre og Romsdal) Arbeidsrapport 9219 Møreforskning Volda og Høgskulen i Volda

(3) Research and Evaluations on Public Attempts, Interventions

- Båtevik, F.O., Bergem, R., Tønnesen, A., Aarflot, U. og Barstad, J. (2008): *Ein resept å gå for? Evaluering av modellar for fysisk aktivitet, røykeslutt og sunt kosthald*. Arbeidsrapport 225, Møreforskning Volda og Høgskulen i Volda
- Barstad, J, Audunson, R. Hjortsæter, E. and Østlie, B. (2006): *Skulebibliotek i Norge. Kartlegging av skulebibliotek i grunnskule og vidaregåande opplæring*. Arbeidsrapport nr 204, Møreforskning Volda og Høgskulen i Volda
- Barstad, J. (2002): *Exchange for all? An Evaluation of the Grant to Students Taking Two Years of High School in a Country Outside of Scandinavia (Utveksling for alle? : evaluering av støtteordning i Statens Lånekasse for utdanning for elever som tar et år med vidaregåande opplæring i land utenfor Norden gjennom en av departementet godkjent utvekslingsorganisasjon)*, Arbeidsrapport nr 128, Møreforskning Volda og Høgskulen i Volda
- Barstad, J (1995): *Libraries in Development: Evaluation of the Cooperation Between Seven Libraries in the Region of North-Hordaland*. (Bibliotek i utvikling : evaluering av eit samarbeid mellom sju bibliotek i Nordhordland). Arbeidsrapport nr 10 Møreforskning Volda and Høgskulen i Volda

(4) Research and Development on Rural Development (Community, Industrial and Governmental)

- Barstad, J (2004): *State of Current NFP in Norway*. Pdf-file available on the MCPFE WEB-pages <http://www.mcpfe.org/documents/minutes/arcdoc/work/Johnp>
- Barstad, J. (2003): *A Planners View on National Forest Programmes*. In Gluck, P. and Voitleithner, J. (2003) NFP Reserarch: in Retrospect and Outlook. Proceedings of the COST Action 'National Forest programmes in a European Context' Seminar, Sept. 15–16., Vienna. Publication series of the Institute of Forest Sector Policy and Economics – Vol 52, Vienna

- Barstad, Johan (2002): *Iterative Planning Processes; Supporting and impeding Factors*. Working Paper to the COST E19 National Forest Programmes in a European Context. Møre Research, Volda, Norway. <http://www.metla.fi/eu/cost/e19/papers.htm>
- Barstad, J. (2001): *Lowland Crofting and Urban Sprawl: New Aspects to Sustainable Forest Management in Local and Rural Development*. Møreforskning Volda og Høgskulen i Volda
- Barstad, J (2000): *Challenges of Small-Scale Wood-Processing Industry in Norway: Based on an Evaluation of a Regional Project to Promote the Use of Local Wood in the Regional Wood industry in the Ålesund Region in Norway*. Notat 2000:11, Møreforskning Volda and Høgskulen i Volda
- Barstad, J. (1997): *Isn't it good, Norwegian wood? : evaluering av P-TRE prosjektet i Ålesundsregionen : perioden 1993 til 1997*. Notat 6/97 Møreforskning Volda og Høgskulen i Volda.
- Barstad, J and Mitchell-Banks, P (2005): *Norway GoFor Pre-Assessment Report. The 'Shadow' Norwegian Forestry Programme. Case Study 1. The Living Forests Program. Case Study 2*. http://www.boku.ac.at/gofor/partner/Draft%20documents/Pre-assessment%20Reports/PA%20Report%20Norway_2%20cases.doc
- Barstad, J. and Lengyel, A. (2005): *Consolidated input paper to adaptive and iterative planning*. http://www.boku.ac.at/gofor/partner/Draft%20documents/Consolidated_paper-IAP_2005-06-03.doc